



# Contents

Introduction **vii**

PART 1  
**Home**



CHAPTER 1

**A Clean Sweep**

- Kitchen Aids **2**
- Shiny Solutions **11**
- Rub-a-Dub **14**
- Down the Drain **19**
- A Tidy Bowl **21**
- Fabulous Floors **22**
- Off the Wall **24**
- Window Dressing **30**

CHAPTER 2

**Spic 'n' Span**

- Laundry Lessons **34**
- Fabric Fixes **45**
- Wonderful Wood **51**
- Precious Metals **57**
- All That Glitters . . . **59**

CHAPTER 3

**A Place for Everything**

- Kitchen Confidential **62**
- Under the Eaves **66**
- Cellar Secrets **68**
- Creative Closets **69**

CHAPTER 4

**Now You're Cooking!**

- Produce Know-How **74**
- Where's the Beef? **78**
- Tasty Treats **80**

CHAPTER 5

**The Family Pet**

- The Well-Groomed Companion **85**
- Cleaning Up the Mess **87**
- Pet Pointers **93**

CHAPTER 6

**Pest Patrol**

- Ant Antidotes **95**
- Fight Insect Inroads **98**
- Head Off Big Trouble **103**

PART 2

**Health and Beauty**



CHAPTER 7

**Under the Weather**

- Aches and Pains **106**
- Bronchitis **111**
- Coughs and Colds **112**
- Ear Issues **116**
- Headaches **118**

Stress **120**

Toothaches **122**

Tummy Troubles **123**

CHAPTER 8

**Minor Complaints**

Bad Breath **126**

Blisters **127**

Body and Foot  
Odor **129**

Burns **132**

Cold and Canker  
Sores **133**

Cuts **134**

Diaper Rash and  
Prickly Heat **136**

Hemorrhoids **138**

Hiccups **139**

Insect Bites  
and Stings **140**

Poison Ivy **144**

Sunburn **146**

Toenail Fungus **147**

Warts **148**

CHAPTER 9

**Lookin' Good**

The Eyes Have It **150**

Touchable Tresses **153**

Smooth Hands  
and Feet **160**

Luscious Lips **165**

The Skin You're In **167**



PART 3

## Lawn and Garden

CHAPTER 10

### Green Acres

- In the Beginning . . . 176
- Great Groundskeeping 179
- The War on Weeds 181
- Calling All Composters 185
- Gather Your Gear 189
- Tonic Talk 197

CHAPTER 11

### Lush Landscaping

- Setting the Scene 203
- Tree and Shrub TLC 205
- Keeping Up
  - Appearances 209
- Don't Forget Your
  - Fine-Feathered Friends 213

CHAPTER 12

### Beautiful Blooms

- Off to a Good Start 217
- Blossom and Grow 224
- Flower Power 237

CHAPTER 13

### The Garden of Eatin'

- Plot Preparations 239
- Ready, Set, Grow 243
- Safeguarding
  - the Garden 256
- Cream of the Crop 259

CHAPTER 14

### Potted Potential

- Healthy Houseplants 262
- Outdoor Dwellers 273

CHAPTER 15

### Bugs and Slugs

- Flower Fiends 277
- Fruit and Veggie
  - Menaces 283
- Backyard Pests 296

CHAPTER 16

### Critter Control

- Birds 306
- Deer 310
- Cats and Dogs 312
- Field Mice 316
- Gophers 317
- Moles 318
- Rabbits 320

Raccoons 322

- Squirrels and
  - Chipmunks 323
- Woodchucks, a.k.a.
  - Groundhogs 326

PART 4

## Odds and Ends



CHAPTER 17

### Garage Gear

- Tools of the Trade 328
- The Old Jalopy 332

CHAPTER 18

### More Good Stuff

- Kitchen Curiosities 339
- Grime Stoppers 343
- Sewing Secrets 348
- How Sweet It Is 351

APPENDIX

### Fixers, Mixers, and Elixirs 353

Index 363